



SHERBURNE COUNTY, MINNESOTA ***Amateur Radio Emergency Service (ARES)***



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Duty Kit 1 - Basic Essentials

- Fresh water – minimum 2 quarts
- Snacks – Power Bars, trail mix, dried fruit, etc.
- First aid kit
- Extension cord – 110 volt
- All purpose paper (toilet) – 1 roll
- Towel
- Multi-function knife (Leatherman Tool, Gerber Tool, etc.)
- Flashlights w/spare batteries (1-small, 1-large)
- Nylon cord 1/8" (parachute cord) – two 50-foot lengths
- Goggles
- Leather gloves
- Leather work boots
- Hard hat
- Reflective vest
- Ball cap
- Rain poncho/coat
- Stocking cap
- Socks – 2 pair
- Cyalume light sticks (4) – (12 hour, green)
- Space blanket
- Waterproof matches
- Medication pouch – (Tylenol, Ibuprofen, Benadryl, Imodium, Pepto Bismol)
- Topical lotion pouch – Insect repellent, sun screen, Chap Stick, Hydrocortisone Cream
- Portable AM/FM/Weather Radio – Battery Powered
- Garbage bags – 2 Large 55-gallon, 2 medium Zip-Lock
- Tape – 2 rolls electrical, 1 roll duct
- Spending cash – two dollars in change, ten dollars in paper
- ARES binder containing:
 - Emergency Response Plan
 - Contact list
 - Log sheets
 - Net control script
 - NTS forms
 - NTS instructions
 - County street map
 - Notebook/blank paper
- Pens/pencils
- Marker pens
- Erasers
- ARES ID card
- Driver's license
- FCC radio license card